

Iowa
Kansas
Nebraska



MEDICARE

2025 Enrollment Guide

Medica Prime Solution® (Cost)

AT A GLANCE

The coverage you need. At a price you can afford.



Budget-friendly premiums

\$0 or low copays for doctor visits with most plans

\$0 deductible plans



Large provider network with no referrals required

Travel and snowbird coverage from any provider that accepts Medicare

Worldwide emergency care



Premium does not increase with age

Guaranteed enrollment — no medical underwriting

Enroll any time of the year with most plans

**EXTRA BENEFITS,
NO EXTRA COST**



Dental



Vision



Over-the-counter savings



FREE fitness membership



Online care



Hearing

Details starting on page 8.

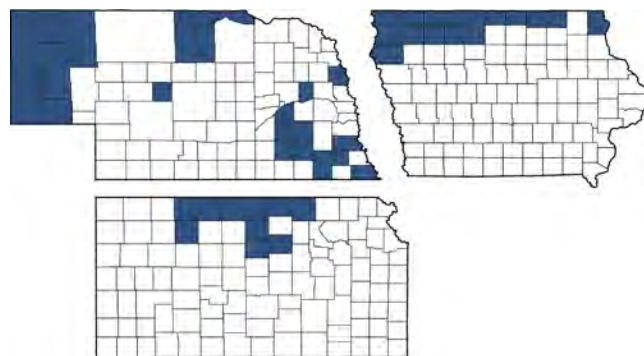


What you need to know

Eligibility

You're eligible to enroll in a Medica Prime Solution plan if:

- You have Medicare Part A and Part B or Part B only
- Your permanent residence is in the Prime Solution enrollment area



Enrollment area

If you live in one of the counties below, you can enroll in any of the Prime Solution plans in this brochure.

Iowa

- Allamakee
- Clay
- Dickinson
- Emmet
- Howard
- Kossuth
- Lyon
- Mitchell
- O'Brien
- Osceola
- Palo Alto
- Plymouth
- Sioux
- Winnebago
- Worth

Kansas

- Graham
- Jewell
- Lincoln
- Mitchell
- Norton
- Ottawa
- Phillips
- Republic
- Smith
- Washington

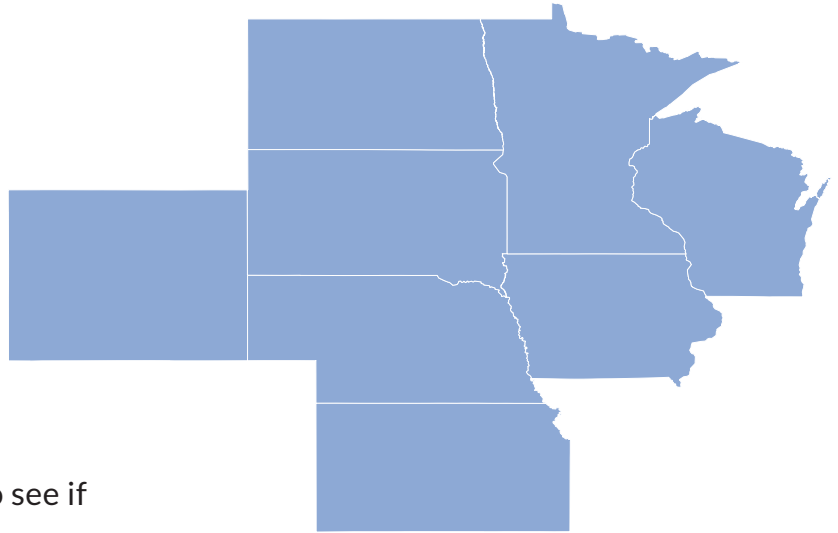
Nebraska

- Banner
- Box Butte
- Boyd
- Brown
- Burt
- Cheyenne
- Colfax
- Dawes
- Fillmore
- Gage
- Johnson
- Keya Paha
- Kimball
- Logan
- Morrill
- Otoe
- Polk
- Richardson
- Rock
- Saline
- Scotts Bluff
- Seward
- Sheridan
- Sioux
- York

Provider network

You can use any provider that is part of the large Prime Solution network, which includes major hospitals, clinics, and other providers in our 8 state service area:

- Iowa
- Kansas
- Minnesota
- Nebraska
- North Dakota
- South Dakota
- Wisconsin
- Wyoming



You get access to any provider in the network with **no referrals required**. To see if your doctor is in our network, visit: **[Medica.com/PrimeSolutionProviders](https://www.Medica.com/PrimeSolutionProviders)**.



Your plan travels with you

Nationwide travel and snowbird coverage gives you access to full in-network benefits for up to nine consecutive months at a time. Whether it's a quick trip or an extended stay, you're covered. Just call Medica before you leave.



Plan comparison

Prime Solution gives you the medical coverage you need at a price you can afford.

Choose the option that best fits your needs.

NOTE: The Standard plan is only available in Nebraska.

		Standard	Thrift	Core	Premier
Monthly medical-only premium		\$0	\$47	\$99	\$152
Annual out-of-pocket maximum (100% coverage once met)		\$5,000	\$6,700	\$4,000	\$3,000
Medical deductible		\$0	\$50	\$0	\$0
Medical benefits					
Office visits	Primary care	\$15	20%	\$10	\$0
	Specialist	\$60	20%	\$25	\$0
	Urgent care	\$25 - \$55	\$25*	\$10 - \$25	\$0
	Mental health	\$35 - \$60	20%	\$10 - \$25	\$0
Preventive care	Immunizations, screenings, and annual exam	\$0	\$0	\$0	\$0
Hospital care	Inpatient stay	Days 1 - 4: \$325/day Days 5 - 90: \$0/day	Days 1 - 4: \$300/day Days 5 - 90: \$0/day	\$400 per stay	\$200 per stay
	Outpatient surgery	\$300 - \$500	20%	\$100 - \$150	\$50 - \$100
Emergency care	Emergency room	\$125 worldwide	\$50*	\$125 worldwide	\$100 worldwide
	Ambulance (ground/air)	\$350/\$500	20%/20%	\$50/\$100	\$0/\$50
	Diagnostic tests	\$15 - \$60	20%	\$10 - \$25	\$0
Radiology + tests	X-rays	\$15 - \$60	20%	\$10	\$0
	Diagnostic radiology	\$55 - \$155	20%	\$30 - \$150	\$100
	Therapeutic radiology	\$55 - \$80	20%	\$30	\$80
Diabetes supplies	Glucose monitors, test strips, and lancets	0 - 20% for monitors, \$25 maximum per item	0 - 20%	0 - 20%	0 - 20%
Skilled nursing care	Care in a skilled nursing facility	Days 1 - 20: \$0/day Days 21 - 100: \$214**/day	Days 1 - 20: \$0/day Days 21 - 100: \$214**/day	Days 1 - 20: \$0/day Days 21 - 100: \$50/day	Days 1 - 20: \$0/day Days 21 - 100: \$100/day
Part B drugs	Typically given by a health professional	0 - 20%	0 - 20%	0 - 20%	0 - 20%
Dental	Annual reimbursement	\$400 reimbursement	n/a	\$300 reimbursement	\$400 reimbursement
Vision	Vision exam – routine annual	\$0	n/a	\$0	\$0
	Eyewear reimbursement – annual	\$150 reimbursement	n/a	\$100 reimbursement	\$200 reimbursement
Hearing	Hearing exam – routine annual	\$15 - \$60	n/a	\$0	\$0
	Hearing aid reimbursement – annual	n/a	n/a	\$400 reimbursement	\$400 reimbursement
OTC items	Allowance on OTC pharmacy items	\$25 semi-annual allowance	n/a	\$50 semi-annual allowance	\$50 semi-annual allowance

*Medical deductible doesn't apply. / **This amount may be subject to change in 2025.

Extras that make your plan **better**

These extra benefits can help you stay healthy.



Free Fitness Membership

Our innovative fitness program through One Pass™ makes staying fit – physically and mentally – convenient and fun. For locations, visit [Medica.com/Fitness](https://www.Medica.com/Fitness).

- Large network of 25,000+ gyms and fitness centers
- Enroll in as many facilities as you want
- Live-streaming and on-demand fitness classes – choose from thousands of titles
- Unlimited access to online cognitive training activities that support brain speed and memory

Not available with the Thrift plan.



Online Care

In addition to in-person doctor's office visits, you have access to online care provided by Amwell®.

Amwell is an online medical service staffed by board-certified doctors. They can diagnose and treat common medical conditions, and prescribe medications, if needed. Access them 24/7 via phone, tablet, or computer.

Not available with the Thrift plan.



Personal Health Advocate

HealthAdvocateSM has your back if you have questions about your plan or need help with the medical system. Our trained Personal Health Advocates can help you find the right doctor, resolve claims questions, and much more.



24/7 NurseLine

You and your family have a place to turn for trusted advice and information when you need it most. Highly trained nurses can answer your questions about symptoms, medications, and health conditions.

These benefits give you an allowance amount that varies by plan (not available with Thrift). See table below for details.



Dental

You can see any licensed dentist and get reimbursed for dental care up to an annual amount based on your plan.

- No deductible
- Covers preventive services like cleanings, exams, x-rays, and fluoride treatments
- Covers fillings, crowns, and other restorative services



Eyewear

Get reimbursed for prescription eyewear each year from any provider.



Hearing Aids

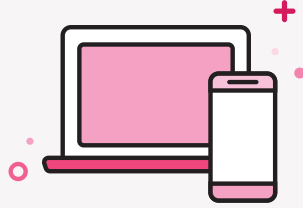
Receive annual reimbursement for hearing aids, including over-the-counter hearing aids, and evaluations/ fittings.



Over-the-Counter (OTC) Savings

These plans have a benefit allowance you can use for eligible OTC health and wellness products.

	Dental Annually	Eyewear Annually	Hearing Aid Annually	OTC Semi-annually
Standard (\$0 premium)	\$400	\$150	n/a	\$25
Core (\$99 premium)	\$300	\$100	\$400	\$50
Premier (\$152 premium)	\$400	\$200	\$400	\$50



Ready to enroll?

There are three ways to enroll in a Medica Prime Solution plan. Choose the one that works best for you:



Over the phone

Call **1 (800) 918-2143** (TTY: **711**) for fast and easy phone enrollment.



Online with Medica

Go to **Medica.com/Medicare** to complete your enrollment online.



Through the mail

Complete and sign a paper application form and submit as indicated on the form. (You can call Medica to get a paper application or contact your local Medica agent.)

You're enrolling in a medical plan. If you'd like Part D drug coverage, work with us or your agent to find Part D coverage.

Discrimination is Against the Law

Medica complies with applicable Federal civil rights laws and will not discriminate against any person based on his or her race, color, creed, religion, national origin, sex, gender, gender identity, health status including mental and physical medical conditions, marital status, familial status, status with regard to public assistance, disability, sexual orientation, age, political beliefs, membership or activity in a local commission, or any other classification protected by law. Medica:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats such as large print, audio, and braille.
- Provides free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact the number on the back of your identification card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of your race, color, creed, religion, national origin, sex, gender, gender identity, health status including mental and physical medical conditions, marital status, familial status, status with regard to public assistance, disability, sexual orientation, age, political beliefs, membership or activity in a local commission, or any other classification protected by law, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422, TTY: 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201 800-368-1019, TTY: 800-537-7697. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



You're not just covered, you're cared for.®

Connect with us

Call us toll-free at **1 (800) 918-2143** (TTY: **711**).

Oct. 1 - March 31

8 a.m. - 8 p.m. CT, seven days a week

April 1 - Sept. 30

8 a.m. - 8 p.m. CT, Monday - Friday

Visit us online or find a broker in your community at [Medica.com/Medicare](https://www.Medica.com/Medicare).

Follow us on Facebook with the handle [@Medica](https://www.facebook.com/Medica).



Medica is a Cost plan with a Medicare contract. Enrollment in Medica depends on contract renewal.

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